

12, 1988, as National Fishing Week. I call upon the people of the United States and government officials to observe this week with appropriate programs, ceremonies, and activities.

IN WITNESS WHEREOF, I have hereunto set my hand this ninth day of May, in the year of our Lord nineteen hundred and eighty-eight, and of the Independence of the United States of America the two hundred and twelfth.

RONALD REAGAN

Proclamation 5818 of May 10, 1988

Just Say No Week, 1988

*By the President of the United States of America
A Proclamation*

This year again we observe a period of time to reflect on our efforts as individuals and as a Nation to create a drug-free society. We do so in the knowledge that we have both cause for hope and cause to redouble our efforts.

Dedicated law enforcement officers and government personnel continue to fight the drug traffickers here and abroad who make war on all of us. Families, churches, schools, and communities are fostering wholesome and healthy attitudes and behavior that are guiding young and old alike. Public opinion polls and other measures show an increasing awareness of the seriousness of illegal drug use and alcohol abuse. And more and more of us see in our American heritage of faith, freedom, spiritual values, and personal achievement a true, rewarding way of life that far outstrips the false, harmful, and joyless path of drug addiction.

America's young people are responding to education and prevention efforts, but continued and intensified work is needed—and at earlier ages. Positive peer pressure can significantly affect children and can create environments in which illegal drug use and alcohol abuse are unacceptable. The "Just Say No" movement, which grew out of great public concern and strong and effective encouragement by the First Lady, is now a rallying cry for youth who want to say "Yes" to life and to the future.

During Just Say No Week this year, on May 11, children across our land will take part in a national "Just Say No" walk against drugs. This week of observance is an excellent time for each of us to commend—and to assist—the young people of our country and all of the parents, educators, and so many other Americans who continue to develop and carry out efforts against illegal drug use and alcohol abuse.

The Congress, by House Joint Resolution 545, has designated the week of May 8 through May 14, 1988, as "Just Say No Week" and has authorized and requested the President to issue a proclamation in observance of this event.

NOW, THEREFORE, I, RONALD REAGAN, President of the United States of America, do hereby proclaim the week of May 8 through May

14, 1988, as Just Say No Week. I call upon the American people and officials at every level of government, the clergy, the private sector, civic groups, educators, and the communications media to observe this week with appropriate programs, ceremonies, and activities.

IN WITNESS WHEREOF, I have hereunto set my hand this 10th day of May, in the year of our Lord nineteen hundred and eighty-eight, and of the Independence of the United States of America the two hundred and twelfth.

RONALD REAGAN

Proclamation 5819 of May 10, 1988

National Osteoporosis Prevention Week, 1988

*By the President of the United States of America
A Proclamation*

This year we again set aside a week to mark our concern over osteoporosis. This bone-weakening disease is the most common cause of bone fractures in the elderly and is a major health problem that afflicts millions of Americans. Osteoporosis can occur in men, but women are the majority of its victims. In fact, it affects half of American women over age 45 and 90 percent of women over age 75.

A fall, blow, or lifting action that would not injure the average person can easily cause one or more bones to break in a person with severe osteoporosis. Any bones may be affected, although fractures of the spine, wrists, and hips are the most common. Osteoporosis is the underlying reason for 1.3 million bone fractures a year, and its incidence will increase as our population ages.

Fortunately, scientific knowledge about this disease has grown, and there is reason for hope. Research is revealing that prevention may be achieved through estrogen replacement therapy for older women and through adequate calcium intake and regular weight-bearing exercise for people of all ages. New approaches to diagnosis and treatment are also under active investigation. For this work to continue and for us to take advantage of the knowledge we have already gained, public awareness of osteoporosis and of the importance of further scientific research is essential.

The Congress, by Senate Joint Resolution 250, has designated the week of May 8 through May 14, 1988, as "National Osteoporosis Prevention Week" and has authorized and requested the President to issue a proclamation in observance of this event.

NOW, THEREFORE, I, RONALD REAGAN, President of the United States of America, do hereby proclaim the week of May 8 through May 14, 1988, as National Osteoporosis Prevention Week. I urge the people of the United States and educational, philanthropic, scientific, medical, and health care organizations to observe this week with appropriate programs, ceremonies, and activities.

IN WITNESS WHEREOF, I have hereunto set my hand this tenth day of May, in the year of our Lord nineteen hundred and eighty-eight, and